

## WELCOME TO ALL FAMILY MEMBERS

### YOU ARE NOT ALONE

An addiction or disorder does not just affect the person with the illness, it impacts the entire family. That's why at Timberline Knolls, we offer family therapy as an important component of comprehensive treatment.

### YOU ARE INVITED

In addition, we invite all family members of TK residents to join us on the second Saturday of each month from 5-6 p.m. for a special family support meeting held right here on campus.

### YOU ARE SUPPORTED

This one-hour group immediately follows our 2-5 p.m. visiting hours and is led by a member of



### FAMILIES ANONYMOUS SUPPORT MEETING

2nd Saturday of Each Month

Meetings Held from 5-6 p.m.

3rd Floor Conference Room  
(near the elevator)

Administration Building

Families Anonymous. All visitors are strongly encouraged to attend. The group is designed to support loved ones and others living with those touched by an addiction or disorder.

### PLEASE JOIN US!

This meeting is not for our residents, it is for you. Please join us to learn more, hurt less and discover you are not alone in this struggle.

Children are welcome. For questions, please contact your family therapist or:

**Megan Heary at**

[megan.heary@timberlineknolls.com](mailto:megan.heary@timberlineknolls.com)

[INFO@TIMBERLINEKNOLLS.COM](mailto:INFO@TIMBERLINEKNOLLS.COM) | 1.877.257.9611 | [WWW.TIMBERLINEKNOLLS.COM](http://WWW.TIMBERLINEKNOLLS.COM)

*Timberline Knolls is a residential treatment center located on 43 beautiful acres just outside Chicago, offering a nurturing environment of recovery for women and girls ages 12 and older struggling to overcome eating disorders, substance abuse, mood disorders, trauma and co-occurring disorders. An adult partial hospitalization program is available on campus for step down as well as in Orland Park, Ill., for women to direct admit. By serving with uncompromising care, relentless compassion and an unconditional joyful spirit, we help our residents help themselves in their recovery.*

